Randomized Trials – Parallel Design

CVD & Risk Factors [1-13]
T2D & Risk Factors [14-21]
Arthritis, RA, Osteoarthritis & Fibromyalgia [22-28]
Acceptability of Plant-Based Diets [29-34]
Weight Loss [35-39]
Nutrient Intake [40-44]
Cancer [45, 46]

Randomized Trials – Crossover Design

CVD & Risk Factors [47-50]
Nutrient Intake [51-53]
Renal Disease [54]
Misc [55-58]

Intervention Trials – Single Arm

CVD & Risk Factors [59-71]
Cancer [72-77]
Autoimmune [78-82]
Inflammation [83-85]
Digestion [86, 87]
Nutrient Intake [88]
T2D & Risk Factors [89]
Weight Loss [90, 91]


